

No Impact Man Enlightens World

[No Impact Man](#) is one of the most inspiring documentaries I've ever seen!

[Colin Beavan](#) and his wife, Michelle Conlin, inspire the world by changing their way of life in the Big Apple. Colin believes that we all have a voice and we all need to take responsibility for our own actions. But Colin and Michelle aren't just preaching; they're the real thing! They phased in big changes in their own lives over a one year period to reduce their impact.

Colin and Michelle show how individual customers can make daily decisions that can also change corporations. Sometime in the near future, I hope to meet this couple I respect very much.

Get to know them in their reality-TV-like documentary where they welcome the world into their New York City home:

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Michelle says the no impact way of life gave her the following benefits:

- time slowed down
- she felt like she lived more in the moment
- she was much happier
- her family became much closer

Change yourself to change the world with the [No Impact Project](#).

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